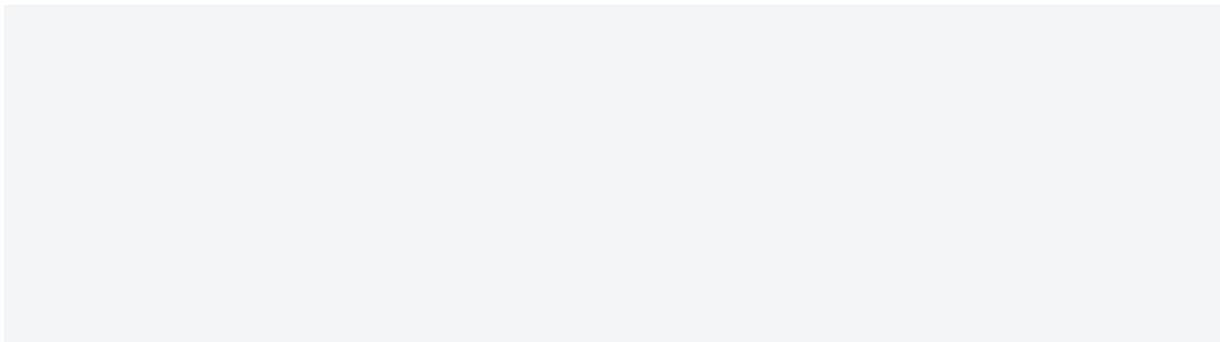


Case Conceptualization and Action Plan: Family Counseling

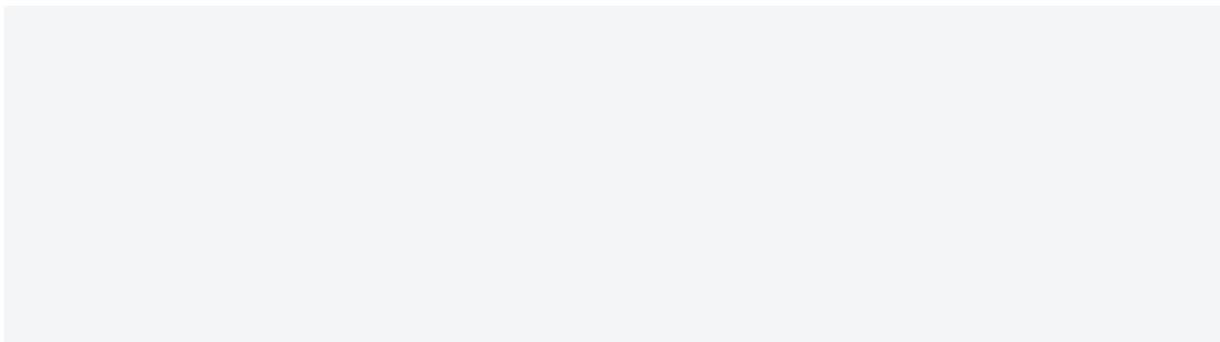
This form is to be completed by the family, with counselor assistance as needed, after 6 sessions of family counseling, and afterwards for tracking progress as needed.

What have we learned about ourselves in counseling that will be most useful for us going forward as a family?

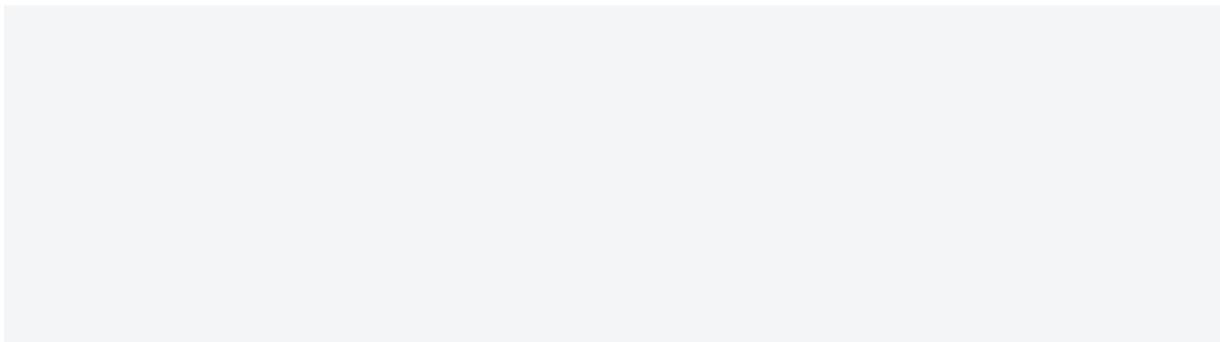
1) Our strengths as a family:



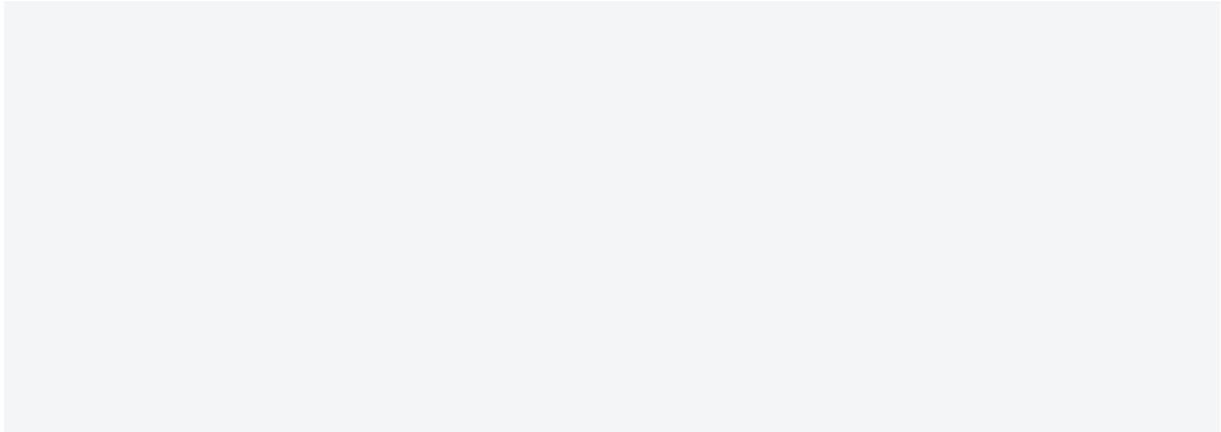
2) Our vulnerabilities or limits as a family, that contribute to conflict:



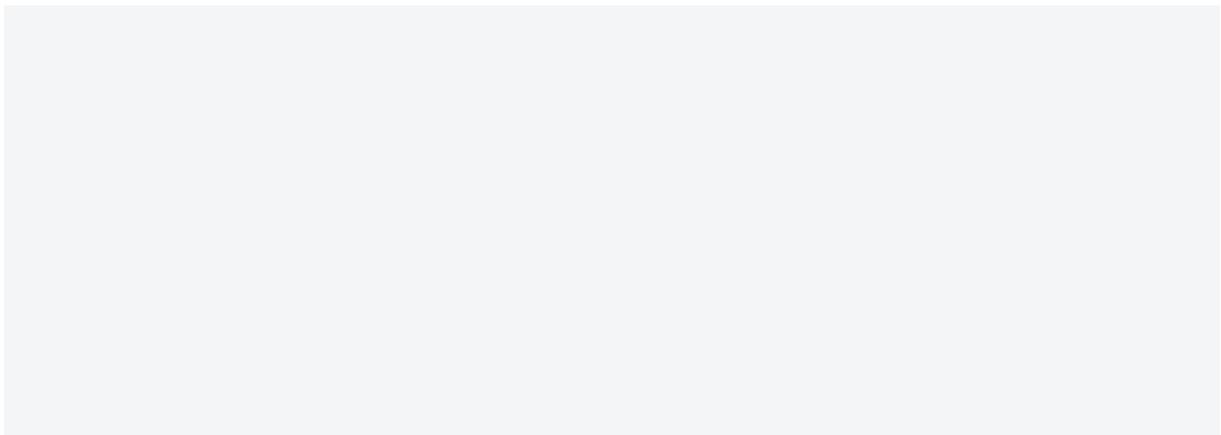
3) Changes we have made in family counseling:



4) Areas where we need to grow as a family:



5) Plan for responding to setbacks in family interactions:



Dr. Jeffrey Gaines, Ph.D.