

# Cognitive Appraisal for Cognitive Remediation Therapy (CRT)

This form is useful for identifying and recording areas of cognitive processing that cause difficulty for the client and require focus during cognitive remediation therapy sessions.

Score the client on the following areas of cognitive difficulty between 0 and 5 (where 0 is never and 5 is always) based on observation in individual and group activities:

Does the client have difficulty...	Score (0 to 5)
paying attention during conversation?	
concentrating in meetings?	
remembering?	
completing tasks once started?	
starting tasks?	
planning and organizing tasks and projects?	
reasoning and solving problems?	

Rank your clients' most significant problems in order (0 – least significant problem and 4 – most significant problem):

Rank Score	Significant problem
	Attention and concentration
	Being organized
	Memory
	Reasoning and problem solving

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